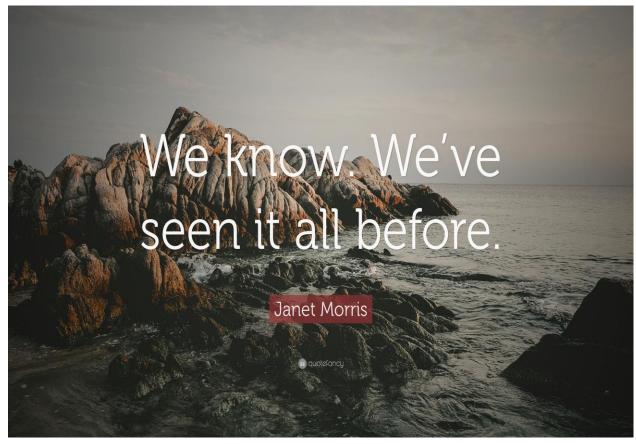
Year 11 Exams Information Evening: Thursday 2nd November









"I couldn't help academically because he knows much more than me - I was no use to him," a concerned mother tells BBC Radio 5 live.

- According to a survey, she is not alone in feeling the stress and strain over her child's revision and exam schedule.
- Nearly a quarter (24%) of British parents polled for 5 live said their own mental health had been affected by the pressure of their children's exams.
- A quarter also said they had often lost sleep worrying over children's exams.
- Two in five parents (42%) said not knowing how to help their children with revision made them feel as if they were "not good enough as parents".
- And nearly a third (31%) said they had offered their children money as an incentive to revise in the hope of boosting their grades.
- The poll also found that more than half (52%), would like more help and advice on how to support their children through their revision.

The survey of 830 parents of 11 to 18-year-olds was carried out by ComRes for BBC Radio 5 live.



Key dates

- Year 11 reports will be provided to pupils and parent(s)/carer(s) on Friday 15th December, via SIMS app.
- Year 11 Parents' Evening is on Thursday 11th
 January 2024. It will be held in person and on site,
 from 4-7pm.
- Further mock examinations, in core subjects only, will begin on Friday 1st March.
- GCSE written public examinations commence on Thursday 9th May 2024.
- GCSE Results Day is Thursday 22nd August 2024.



110 school days





12 October 2023

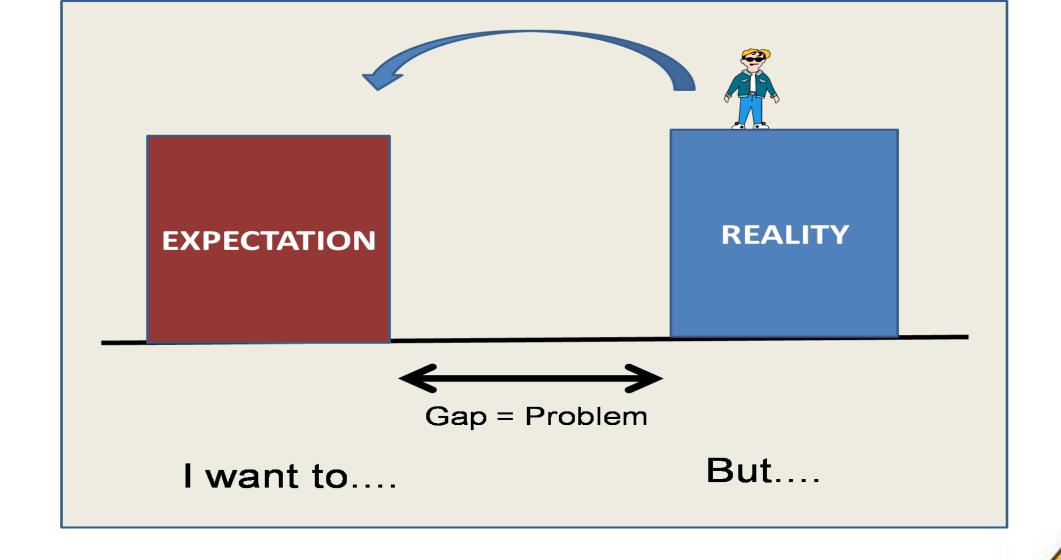
Dear Parent/Carer

Year 11 key dates and information

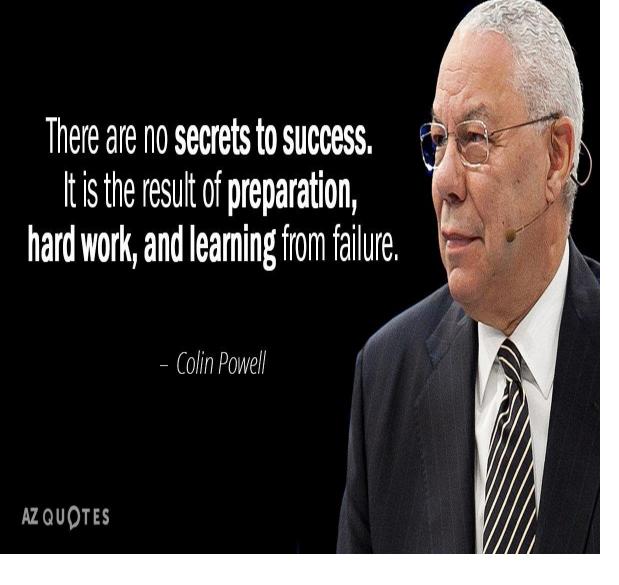
This letter outlines key dates in chronological order for Year 11 pupils and parent(s)/carer(s) throughout the year.

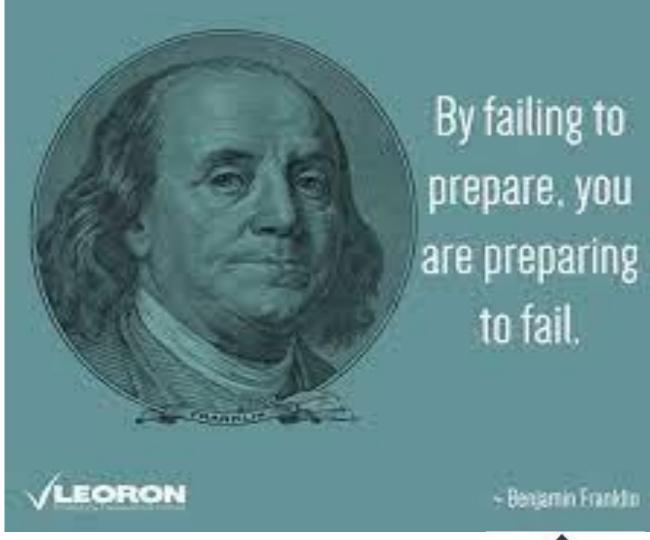
Please also find as part of this communication, the mock exam timetable. Be aware that individual pupil timetables including seat numbers will be provided in the week commencing Monday 30th October.















The exams themselves

- Pupils must arrive early.
- Equipment requirements need for a calculator in Maths and science (their own one)
- Black pen
- Exam timetable and seat numbers
- If your child is absent/unwell for a mock examination, please report it through normal absence procedures (via ParentMail)







Exams for parents

- Pupils are given a "Statement of Entry" towards the end of January. This will confirm all their exam entries and tiers for the summer. Parents/children are to check all the personal details and ensure it has the child's full legal name on it.
- Parents are aware of the balance it can be stressful for parents, too.
 - Feeling like you are biting your tongue and not saying things at certain times is not unusual.
 - Being there is the main thing.







Exams for parents

- Parents to be aware of what their child actually needs for their next steps. Have they made applications?
- With apprenticeships, what qualifications do you need?
- Children should be doing something in education until they are 18.
- Please ensure you have access to Parent Mail and the SIMS Parent APP for communications.
- From hereon, most communication is aimed at your child. E.g. post-results is child led (they are the ones who are required to request a change, even though they probably don't pay for any remarks).







Supporting your child

- The importance of routines...
 - Be punctual
 - Excellent attendance
 - Revision sessions attend them
 - Revision timetable create one
 - Talk
 - Eat well
 - Exercise
 - Study buddy quiz your child
 - Praise! Reward effort (it's not bribery)
 - Contact us
 - Sleep
 - Social media
 - Holidays...



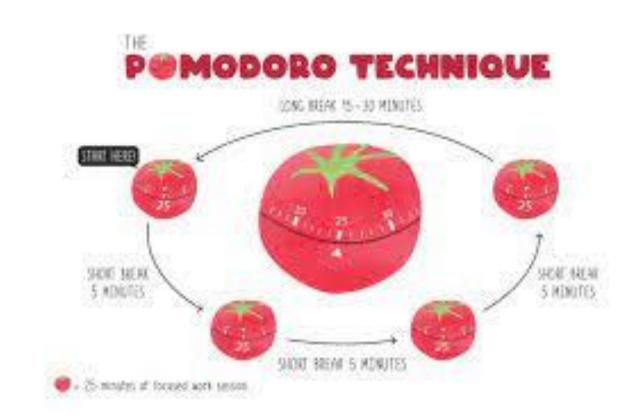




Revision methods

- Practice papers
- Distributed practice
- Mind mapping
- Put diagrams up in the house
- Talking to somebody
- Questioning each other
- Flash cards condense notes
- Talk out loud
- Record yourself

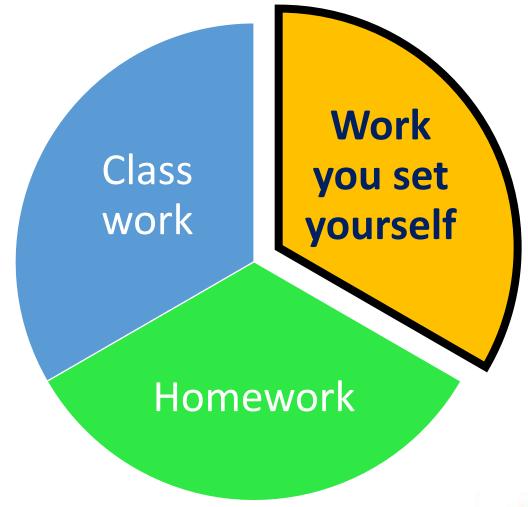






The Holy Grail









Contact us...

Please contact teaching staff if queries relate to individual subjects.

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