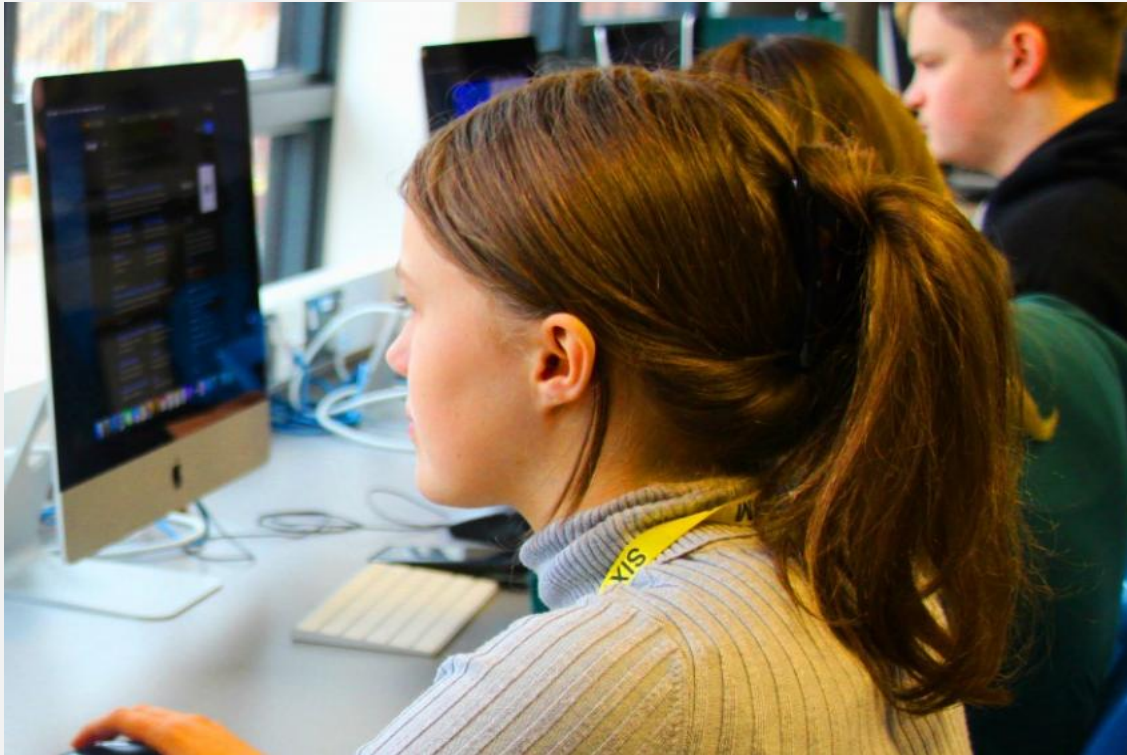


Why we are going phone-free

Introducing Phone Locker Pouches



Why ban phones?



Smartphones and smart devices are already banned at JFAN. The DfE have now issued guidance to all schools to ensure that schools are completely phone free for the duration of the school day.

Research shows we spend far too much time on our phones. They can be distracting, but use is linked to mental health and social issues.

Did you know?

- **29%** of pupils say that phones are used without permission
- **67%** of 16–18-year-olds think smartphones are harmful
- **1 in 5** have felt “life is not worth living” due to social media



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Achieve your potential

Phones can be a distraction that affects focus, participation and learning.

Other schools have proven that going 'phone-free':

- ✓ Improves focus on your work
- ✓ Improves interaction in class
- ✓ Improves student exam scores





Less screentime, more downtime

Reducing time on your phone has a number of benefits:

- ✓ **Better Sleep.** Screens emit blue light which affects the sleep cycle, making it harder to fall asleep.
- ✓ **Better Mental Health.** This is particularly linked to the use of social media, which can trigger worry, stress and anxiety for young people.
- ✓ **Better Eyesight.** Constantly looking at a screen makes eyes tired and dry, putting strain on your eyesight.
- ✓ **Better Health.** Limiting screen time means you have more time to see friends and get out more.





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Staying safe online

Social media has its downsides, with 43% of teens saying they've been bullied online.

Less phone use means you lower your risk of:

- Being influenced by fake news
- Being scammed by false advertising
- Downloading a virus or malware
- Saying something online you'll regret



As seen on TV!

A documentary on Channel 4 found a school in Essex which went phone-free found in just 3 weeks...

- 17% decrease in symptoms linked to depression
- 18% decrease in anxiety amongst students
- 3% boost in working memory





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The Phone Locker Pouch

The lockable pouch means you keep hold of your phones but cannot access them without an unlocking base at the end of the school day.

How it works



Insert

Put phone in Airplane Mode and insert into pouch.



Lock

Push the lock button, and then put the pouch in your bag.



Unlock

Unlock by placing the locking mechanism near the magnetic base.

Daily Routine

1. On arrival at school students must place their phone into their own Phone Locker Pouch and place the pouch in their bag.
2. In tutor time, tutors will check that phones are locked in pouches.
3. STL will conduct random checks throughout the school day
4. At the end of the school day, unlocking stations are situated at exits, allowing pouches to be unlocked.



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Behaviour for Learning Policy

In our Behaviour for Learning Policy, if a pouch is damaged deliberately, a phone is seen around the academy or “forgotten” regularly, levelled consequences will be issued.

- Students will receive extensive guidance on the implementation of these pouches and the expectations will be clear.



Reminders



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Pouches will be checked
daily on entry and during tutor
time



The pouch is your responsibility



Unlocking with an unofficial
magnet damages phones

FAQs



What happens if there is an emergency at the school?

We practice fire drills regularly, have lockdown drills, and have internet communication across the Academy. Mobile phones can be a distraction and can compromise safety.

What if I need to contact my child?

You can phone the school office, and a message will be passed to your child.

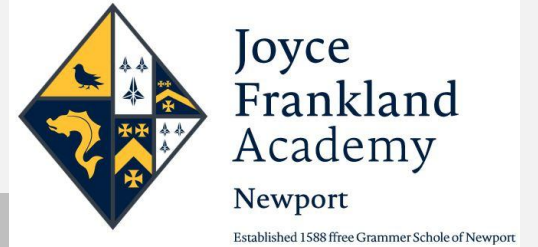
What if my child forgets to unlock their pouch?

Children can return to school reception up until 4.30pm. Otherwise, the phone pouch can be unlocked the following day.

Will a teacher be able to unlock the phone pouches?

There are handheld unlocking units for teachers to use, in case of emergency situations or for example on a sports fixture.

FAQs continued



What happens if my child needs a phone to monitor a medical condition?

The Academy has a list of the students requiring a medical pouch. This is a medical need to have a phone e.g. Diabetes monitoring.

What will happen to the pouches when my child finishes school?

If the phone pouches are still in good condition, the Academy will look to set up a buy back scheme.

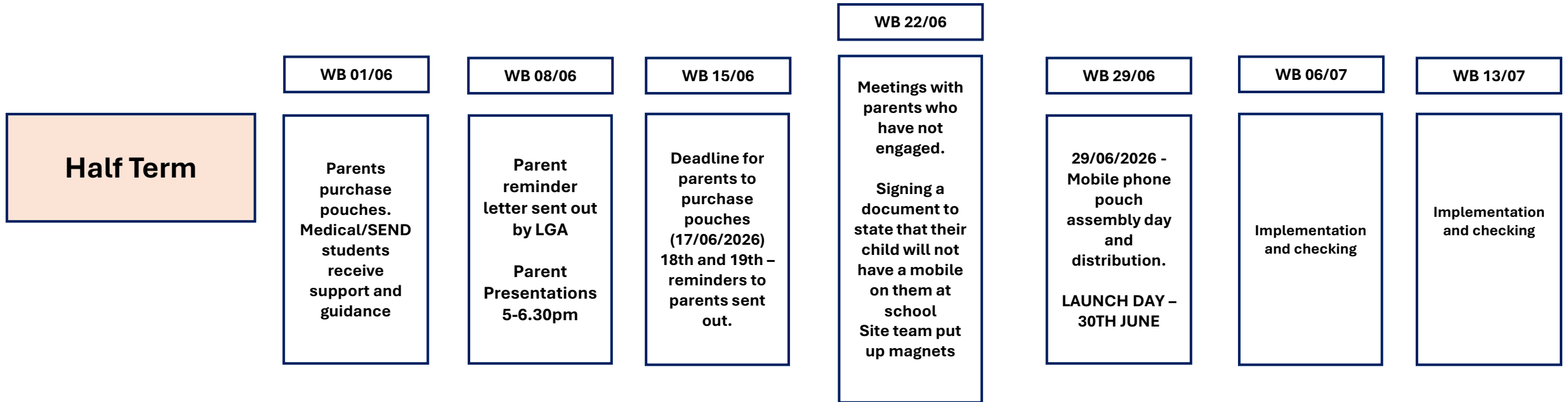
What if my child wants to keep a phone turned off in their bag?

The Academy is now completely phone free and this will not be an available option. Parents can declare that a phone will not be brought into school at all.

Will my child miss the bus at the end of the school day?

There are going to be multiple unlocking stations around the site. The buses will be communicated with to ensure no one misses any school transport.

Implementation timeline



Questions?



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